

**NEW ICF PARACANOE
PHYSICAL ASSESSMENT CHART FOR THE LEGS
KAYAK**

Athlete ID Number

Federation

REMINDER: Only the Muscle Strength scores (shaded in orange) will be used for the ICF Paralympic Classification System.

If an athlete scores 2 for Muscle Strength they will automatically score 2 for ROM. Passive ROM is only tested if the athlete scores 0 or 1 on strength.

Functional Assessment	Muscle Strength through sports specific ROM (0 – 2 Scale)		Passive ROM (0 – 2 Scale)	
	RIGHT	LEFT	RIGHT	LEFT
LOWER LIMBS				
HIPS				
Flexion 75° - 110°				
Extension 110° - 75°				
KNEE				
Flexion 0° - 55°				
Extension 55° - 0°				
ANKLE				
Plantarflexion 0° - 40°				
Dorsiflexion 40 - 0°				
Leg Press				
TOTAL LOWER	/14	/14	/12	/12
DIFFERENTIAL (-)				

Total number of points scored =	/28
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Does athlete meet minimal eligibility criteria? (loss of 4 points on one limb) If NO, athlete is classed as Not Eligible (NE)	YES	NO
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Which cluster does this score fit into? (tick one box)	Cluster 1 (0-2 points)	Cluster 2 (3-17 points)	Cluster 3 (18-24 points)
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NOTE : This cluster number needs to be added to the cluster numbers for the Trunk Assessment and the On-water Observation, to give the athletes overall score.