

1st NEWSLETTER



SEGREcup 2016

**canoe
slalom**

**INTERNATIONAL
PONTS & LA SEU D'URGELL
SENIOR AND JUNIOR
25-26 MARCH**

25 March PONTS

26 March LA SEU

1st NEWSLETTER

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Invitation to 2016 Segre Canoe Slalom Cup



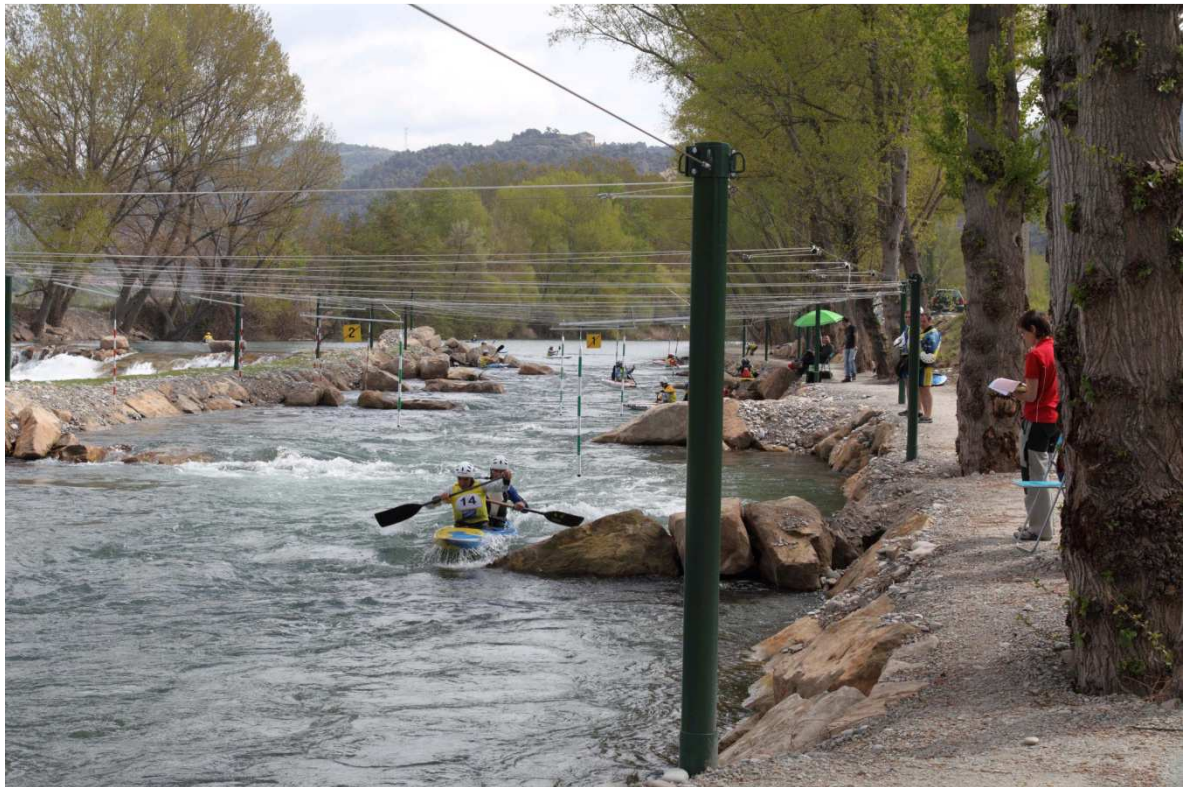
The Organizing Committee of the **4th Segre Canoe Slalom Cup** cordially invites you to attend the canoe slalom competitions that will be held in March 2016.

The Segre river runs from la Seu d'Urgell to Ponts at 70 km distance, coming from the Pyrenean mountain range that border France and Spain. Both sites have a long canoe slalom tradition. La Seu d'Urgell was a former Olympic venue for Barcelona 1992 Olympic Games on the Parc Olímpic del Segre. Ponts have an active canoe club since more than thirty years and in 2012 has improved the slalom site.

The travelling distances between the competition sites are 50 minutes. There is flexibility to combine athletes schedules and accommodation preferences.

The competition races are sport orientated, to be useful for slalom training and improvement of technical performance. The individual inscription gives wider opportunities to participate and combine sport schedule. The competitions are included in the ICF calendar. In three days of intense activity there are offered two technical competitions of the highest level.

The Segre Canoe Slalom Cup Organizing Committee welcomes you to joint our events 2016.



ORGANIZING COMMITTEE:

JOSEP M^a CAUBET

President of the club Nautic Mig Segre

AGUSTÍ CUCURULLS

Chief Official of Segre Canoe Slalom Cup

Enric BALASTEGUI ARTIGUES

President of the Club Cadí Canoe Kayak

Francesc GANYET SOLÉ

Manager of Parc Olímpic del Segre

Provisional competition program



PONTS, Friday 25 March

| | |
|---------------|--|
| 8:00 - 12h | Training by groups |
| 12:30 h | Team Leaders meeting |
| 15:00 | Demonstration run |
| 15:00-16:00 h | Bib distribution |
| 16:00 h | One heat run : C2M ,K1W, C1M, C1W, K1M |
| 18:00 h | Final of 10 first boats per category |

LA SEU D'URGELL, Saturday 26 March

| | |
|---------------|--|
| 8:00 - 12h | Training by groups |
| 15:00 | Demonstration run |
| 15:00-16:00 h | Bib distribution |
| 16:00 h | One heat run : C2M ,K1W, C1M, C1W, K1M |
| 18:00 h | Final of 10 first boats per category |
| 19:30 h | Medals giving |

Rules 2016 SEGRE CANOE SLALOM CUP: Entries, participation fees, etc

| | |
|--|--|
| March, 25 th | White Water Stadium in Segre River - PONTS |
| March, 26 th | Parc Olímpic del Segre - LA SEU D'URGELL |
| Categories | C2M ,K1W, C1M, C1W, K1M Junior C2M, K1W, C1M, C1W, K1M Senior If there aren't a minimum of 10 boats in each category (junior and senior) will be absolute category |
| Nominal Entries Deadline: 21st March at 24h | Entries can be personal or for your club http://www.copapirineus.org Maximum number of participants in total: 200 paddlers All paddlers must have an updated national federation license to confirm their entries, and must designate a Team Leader |
| General Classification | All paddlers that participated in all competitions |
| Competition format | 1 heats run 1 FINAL run with the 10 top in each category |
| Participation Fee | 15 € per paddler, category and competition TWO COMPETITIONS 20€ per paddler and per category |
| Judges | The same in Ponts and La Seu |
| Jury | Agustí Cucurull, Francesc Ganyet and Chief Judge of the competition |
| Course design | 1 from Ponts+ 1 from La Seu in every competition |
| Classification | You must participate in the two competitions for final standings 0 point to the winner of each competition 2 points to second in each competition 3 points to the third of each competition Final standings: Sum of points earned in all competitions In case of tie, this will be resolved by the sum of the final results of the two competitions. |
| Prices | - Medal for the top three in each category - Trophy for the best competitor in each category - In addition, there will be a gift to all participants |
| PROVISIONAL PROGRAM | Morning : Training in groups Afternoon : Heats run (C2M junior and senior, K1WJ, K1WS, CIMJ, C1MS, C1WJ, C1WS, K1MJ y K1MS) FINAL run with the 10 top in each category |

Ponts White Water Stadium



Ponts has a tradition of over 20 years organizing white water canoe slalom competition events and since 2012; the city is proud of its brand new white water course which offers a new dimension in terms of competition hosted.

Ponts White Water stadium is constructed in a Segre river. The slalom course specific features are as follows:

- Length : 300 m
- Breadth : 8 - 10 m
- Drop : 4 m from start to finish
- Flow : 20 m³

The flow will be regulated by hydroelectric equipment located within 3 km upstream of the venue.

We have already hosted the 2012 and 2013 National Slalom Championship and other regional competitions.

The whitewater stadium is also becoming an ideal place for training for teams of Spain and many foreign nations.

The 2015 Segre Canoe Slalom Cup will be held at the renowned Site of Ponts and sustains the development of whitewater activities which are an important vector of local tourism.

How to get Ponts (Spain)



GPS:
Latitude 41.92274/ Longitude 1.1817

Parc de la Roca del Call
25740 Ponts (Lleida)
655037265

CHOOSE YOUR ORIGIN:

<https://maps.google.es/maps?daddr=41.92274,1.1817&hl=es&sl=41.922553,1.181803&sspn=0.001076,0.002309&t=h&mra=mift&mrsp=1&sz=19&z=19>

BARCELONA (CITY) _Barcelona Bus Station (Estació del Nord) – Ponts

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables: Barcelona – La Seu d’Urgell (daily): 6h30 – 7h30- 15h - 17h -19h
La Seu d’Urgell – Barcelona: 06h30–8h45– 15h30 – 17h30 – 19h

LLEIDA Lleida (Bus Station) – Ponts

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables: Lleida – La Seu d’Urgell: 9h15 – 11h30 - 16h (daily) / 19h (from Monday to Friday)
La Seu d’Urgell – Lleida: 08h40 (from Monday to Friday) / 6h– 16h20 (daily)



Parc Olímpic del Segre venue



The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was re-channelled after the damage caused by the exceptional flood of 1982. The slalom course's specific features are as follows:

- Length: 300 m
- Drop: 6,5 m
- Flow: 12 m³/s
- Course features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity: 5.000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1,5 m. The designed flow ranges from 3 to 10 m³/s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.



How to get La Seu d'Urgell (Spain)



GPS:
Latitude 42,22N / Longitude 1,28E

La Seu d'Urgell is placed at 10 km of Andorra
and 200 km of Barcelona

BARCELONA AIRPORT Novatel (Barcelona Airport - Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Airport – Andorra: 10.30h – 13h – 15h – 17h – 20h
Andorra – Airport: 5h – 8h – 10h – 12h30 – 17h

TOULOUSE AIRPORT Novatel (Toulouse Airport - Gare Matabiau – Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Gare Matabiau – Andorra: 10h
Airport – Andorra: 10h30 – 19 30h
Andorra – Airport: 5h – 10h 15h

GIRONA AIRPORT Novatel (Girona Airport – Andorra- Girona Airport)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Girona Bus Station – Andorra: 09h30 – 19h45
Andorra – Girona Airport: 5h00 – 14h00

BARCELONA (CITY) Barcelona Bus Station (Estació del Nord) – La Seu d'Urgell

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Tel. (+34) 902 422242

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slalom**

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SENIOR AND JUNIOR
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. Club Nàutic Mig Segre

25740 Ponts (Lleida)

Tel. 34 655037265

Web club: <http://www.cnmigsegre.cat>

Web entries: <http://www.copapirineus.org>

Email: canoeslalomseu@parcolimpic.cat

Youth hostel of Ponts: toni@cnmigsegre.cat

. Parc Olímpic del Segre

25700 La Seu d'Urgell (Lleida)

Tel. 34 973 36 00 92

Fax. 34 973 36 01 92

Web: <http://www.copapirineus.org>

Email: canoeslalomseu@parcolimpic.cat

USEFUL LINKS:

Spanish Canoe Federation:

www.rfep.es

Catalan Canoe Federation:

www.fcpiraguisme.com

Ponts Town Hall:

www.ccnoguera.cat/ponts/

Consorci Segre Rialb:

www.ccnoguera.cat/consorcisegrerialb/

Seu d'Urgell Tourist information: www.turismeseu.com

Seu d'Urgell Town hall:

www.laseu.cat