ICF Canoe Sprint World Cup I

15-17 May 2015





Welcome to a new reality





















Official DATES:
15th to 17th May 2015
EVENT TITLE
ICF Canoe Sprint World Cup I
THE COUNTRY
Portugal
THE CITY
Montemor-o-Velho

Portugal 2015

▶ Portuguese Canoe federation

President of the Portuguese Canoe Federation

Welcome back to Portugal!

After the success of the 2012 and 2013 European Championships in Montemor-o-Velho it is our great pleasure to host the first official ICF canoe Sprint Event in our Country.

We are doing all efforts to host a great World Cup in Montemor-o-Velho high performance centre, with top level conditions.

We will also include special transport conditions for your team boats, so you can concentrate only in the event.

Figueira da Foz, the sunny beach very close to the venue will be the accommodation headquarters for all teams.

We wish you the best luck and start of 2015 season.

Taluar Felix

Vitor Félix





▶ Portugal 2015

Mayor of Montemor-o-Velho

2015 will be a great year for Montemor-o-Velho High Performance Centre, where will take place the 2015 ICF upcoming events.

The city of Montemor-o-Velho welcomes all participants of the 1st ICF Canoe Sprint World Cup, and it's a great honor to receive them in May 2015 (between 15 and 17), the first ICF officials events in Canoe Sprint taking place in Portugal.

It's very rewarding for all of us receiving one more international renowned event that will honor our High Performance Centre.

Faithfully,

Emílio Augusto Ferreira Torrão Mayor of Montemor-o-Velho





About Portugal

Portugal i.d.

Official name _ Portuguese Republic

GPS _ 39 30 n, 8 00 w

Founding of the Portuguese _ 1143

Founding of the Republic _ 1910

Political system _ Democracy

National symbols _ National flag and National hymn

Language _ Portuguese

Territorial organization _ Two autonomous regions

(Azores and Madeira). 18 districts

Capital _ Lisbon

Area _ 92,142km 2

Population _ 10,642,836 (july 2007 est.)

Active population _ 5,523,000 (2004 est.)

Currency _ Euro, divides into 100 centimes

Gdp per capita _ 14.654 eur (2006)

DP - composition by sector _ Agriculture: 7.9% _ Industry: 25.9% _ Services: 66.2% (2007 est.)





LOCATION Portugal is located on the west side of the Iberian Peninsula, ideally positioned between Spain and the Atlantic Ocean. Portugal's excellent geographical position makes it a stopover point for many foreign airlines at airports all over the country. Portugal has 5 international airports: Lisbon, Oporto, Faro, Funchal (Madeira) and Ponta Delgada (Azores). With beautiful beaches, vineyards, sophisticated cities, country inns and palaces, Portugal invokes a romantic notion of breathtaking scenery, rich history and cobble-stone roads. With such a long sea coast, Portugal has a long term tradition with the water and with water sports, such as Canoeing.

LANGUAGE One of the Latin languages, Portuguese is the third most spoken European language in the world and the native tongue of about 200 million people. The Portuguese-speaking countries are scattered all over the world. Portuguese is spoken in Europe (Portugal), in Africa (Angola, Cape Verde, Guinea-Bissau, Mozambique and São Tomé e Príncipe), in South America (Brazil) and in Asia, (East Timor, the youngest nation in the world). In Portugal, a considerable number of citizens can communicate in English, French and Spanish.

CLIMATE Portugal has a sunny climate. There are only slight fluctuations in temperature between summer and winter; the overall mean ranges from 25°C in summer to about 14°C in winter. The rainy season begins in November and usually lasts through January. Portugal has 220 days of sun and 3000 hours of sunshine every year!



Montemor-o-Velho



The event will take place in Montemor-o-Velho, Portugal

Montemor-o-Velho (Portuguese pronunciation) is a town and municipality of the Coimbra district, in Portugal. It has roughly 30,000 inhabitants.

Montemor-o-Velho, which was once a land of farmers, is now facing the tertiary sector activities, partly due to the installation of governments offices, financial institutions and services; such as small traders. The industry is represented by several manufacturing plants of small and medium size.

Agriculture continues to have great importance. People grow maize and rice using increasingly modern processes. The existence of a Vocational Agricultural School, together with the Cooperative and the services of the Agricultural Zone DRABL, contribute to technical expertise that improves the productivity of the fields.

The city of Montemor-o-Velho is the co-organizer of the 2015 ICF Canoe Sprint World Cup I, in partnership with the Portuguese Canoe Federation.







Figueira da Foz

The city of Figueira da Foz is located on the Atlantic coast of Portugal, in the Central Region, only 18 kilometers from Montemor-o-Velho.

The sun and the beach are its main tourist resources. Linked by about 4 km of fine golden sand and a sea multifaceted, offering all the attractions for a relaxing holiday, fun and enjoyable. The animation is a constant throughout the afternoon and evening of Figueira da Foz, turning the streets into magical moments of joy and color.

The Nature

One of the charms of Figueira da Foz is the beach with its striped wooden bars and extent of soft white sand. Known as "Beach Clarity", this vast beach it was preferred in the late nineteenth century by the aristocratic class. Figueira da Foz can also be proud of its many green spaces, for pleasant walks. This is the case of the Abbeys Park, the waterfront, the Serra da Boa Viagem and ponds and Quiaios of Good Success.

Sports

Natural conditions invite the practice of many sports. Beyond Mundialito Beach Soccer, held in July and August, water sports, like Powerboating, Swimming, Surf, Windsurf and kayaksurf, among others – are also practiced. Note also the excellent conditions offered by the Mondego estuary for recreational fishing and kayaking.

Culture

Figueira da Foz has a rich historical heritage: The Municipal Museum with Dr. Santos Rocha vast collection (collections of archeology, ethnography African and Oriental numismatics, painting, sculpture, ceramics and furniture), a collection of Delft tiles (House of Palace), the numerous churches with their golden carvings, the Sotto Mayor Palace, the Palace of Mallorca, the Fort of Santa Catarina and the Fortress of Buarcos, archaeological remains. Figueira da Foz is the life of a people, the history of a region and the pleasure of discovery of her past. The recent construction of the Performing Arts Center and came to give it national notoriety since passed here to perform many of the programs that only happened in Lisbon and Porto. With a room with capacity for 800 people and one of the largest stages in the country, CAE, has numerous exhibition halls and a small auditorium equipped with the latest technologies and sound.

Traditions

Despite the social changes brought about by the progress, Figueira da Foz keeps alive the oldest traditions such as the famous handicrafts or their popular festivities. More recently, the City of Festivals, held on June 24, are also an important milestone in the life of the county.

Night

The night of Figueira da Foz has two personalities a more peaceful and romantic one and a more lively and social. One day you can feel like a pleasant stroll by the river or streets of the old town, another one you may opt for a trip to the Casino, which also offers shows and varieties, or even for a night of socializing in many of its bars, clubs and terraces, that dot this city already known for its cosmopolitanism.

Airports

Getting here by air. Portugal has two major Internationals Airports

Oporto airport: The Francisco Sá Carneiro Airport is located in the heart of the industrial north of the country, 11km from the city of Oporto, making it a privileged access point to this valuable commercial area.

It is less than 150km away from the Venue in Montemor-o-Velho. The travel time by bus is around 1 hour and 30 minutes.



The Lisbon Airport, providing service to the capital of Portugal, is the busiest and most important airport in the country and the principal point of entry for travellers arriving in Portugal. There is a connection to the city centre and interface with Railway Stations by aero shuttle and bus. The train also connects Lisbon to Coimbra and then to Montemor-o-Velho. Both airports receive daily flights from low cost companies like ryanair and easyjet, among others, from all over Europe cities.





The organization will provide airport transfers from Oporto to the Hotels for a fee of 30 euros per person, including return trip. If your team arrives to Lisbon we could also provide you transfer to the official Hotels, for a fee of 40 euros per person, including return trip. The distance from Oporto to the Accommodation city (Figueira da Foz) is around 150km. From Lisbon it's a longer trip, with a total of 220km.

Competition Venue

The competition will be held at High Performance Centre of Montemor-o-Velho



Sports Facilities

Athletes area characteristics:

The athletes will have their own area. This area includes:

BOATHOUSE | RESTROOMS & WC FACILITIES | LOUNGE AREA | ATHLETES SERVICES

All entrances to the competition will be free of charge. We will provide temporary structures for leisure. This will include entertainment, food and beverage kiosks, merchandise kiosks and other activities for the public to enjoy. We will try to attract as many people as possible and therefore we will use local and national media coverage such as radios, TV channels, press and media. A video signal of the races will be displayed in more than 30 plasma screens, around the Venue. For all those already been in Montemor before, in 2015 no boats will be kept inside the main building. We will have a big tent outside for this matter, in front of the water for all boats. This will increase the hangars capacity and conditions for all nations.

Spectators Services:

INFORMATION

The information will be set in 2 steps: outside the limits of the event, at different public locations and also at the main entrance of the venue in appropriated structures for the purpose.

MERCHANDISING

The merchandising will be set at the main entrance of the venue in appropriated structures for the purpose.

SANITARY FACILITIES

Will be temporary structures, placed in strategic locations and also public bathrooms at the main entrance. This includes handicap Toilets.

FOOD

This service will be assured by local cafe & restaurant and food structures rented to catering and drinks establishments. This will be located in the areas surrounding the public stands.





Centre of High Performance

The Centre for High Performance Montemor-o-Velho [CAR], stands out for its importance nationwide. It is an anchor project with the capacity to generate synergies and commitment from both the public and the private sector, applying the strategic value of sport in the local development agenda.



The Building

The main building is close to the pier and the outside access.

The transfer of the boats, from the trailers park to the storage inside the venue and outside the hangars is made in a direct path, coordinated by the local staff.



This structure includes
16 hangars for teams (24x6m each),
restaurant area,
showers,
bathrooms,
gymnasium,
and polyvalent rooms,
which occupy the entire front
of the Centre. a complete and brand
new gymnasium will also be
available to be used by all nations.
This will have a controlled access
policy.





Centre of High Performance

Teams Area

There will be 10 hangars available for the teams that will be distributed according to the number of its elements. Your Federation hangar will be published a week before the race. Upon arrival, you will be able to find your country identified at each entrance.



ID Control and Polyox Control

The competitors can embark to the race from the 1st pier, where their boats, body numbers, boat numbers and accreditation cards are checked by ICF Officials.

1st Boat Control

According to ICF rules, there is no 1st boat control in the Canoe Sprint World Cups, therefore there will be only free scales near the teams area for measure the boats.

Medical Centre

There will be several security entities working during the week of the Race at the venue.

Take note that the minimal services will be available for the training days.

The medical Centre will only be opened during the competition hours. The security Operations Control Centre will be the coordinator centre for all the medical and security teams.

Anti Doping will be held at the back of the Medical Centre. Selected competitors have to face doping control according to ICF regulations.

Info Point

The information Point for the team leaders is located in the competitor's area.

During the competition, volunteers in this point, will provide information not only about start lists and results but also about the event in general. This is also the place where you can deliver crew changes forms, etc...

A Plasma screen will be also available in this location with real time results and start lists.



▶ Centre of High Performance

Massage Room

If your team's hangar is not enough, the organization will provide you an extra open space for your team massages and relax time. All equipments have to be brought by you.

Prize Giving Ceremony

This area is meant to reunite the competitors that will participate in the medal ceremony. This is the place where your athletes can change clothes and can prepare themselves for the ceremony. The access to this area is made directly from the 2nd boat control.

Free Weight

There will be a free scale, where you can weigh up your boats during the competition days.

Accreditation

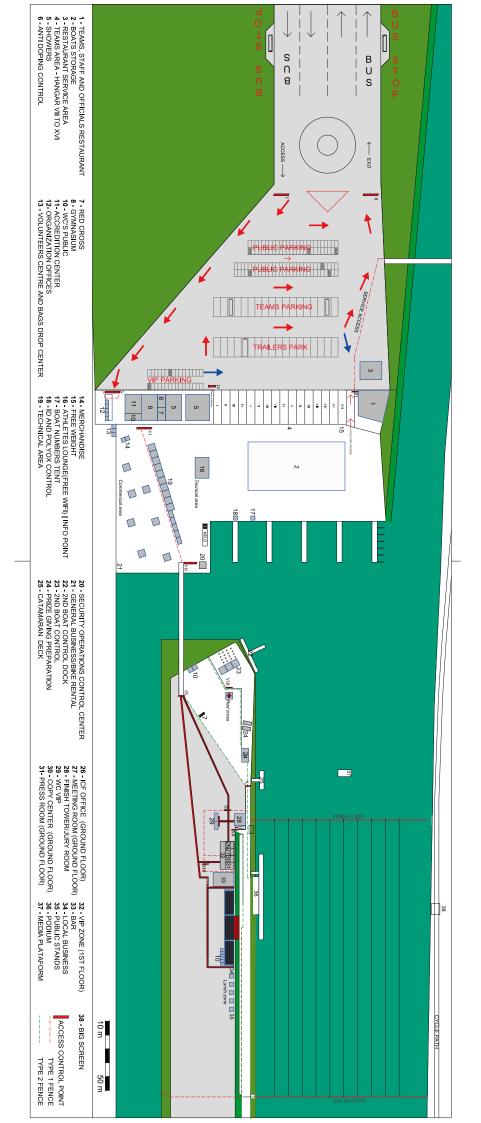
The Accreditation centre is located at the Venue Entrance.
All participants will arrive directly to the Accreditation Centre.
There will be two rooms for the accreditation. The first is dedicated to the finance department and the second is dedicated to the production of the accreditation cards and delivery of documents to the team's leader.
Only the team leader needs to proceed to the accreditation desks to collect the accreditation cards and other objects for the team.
Because many of the teams did not enter correct pictures of their members in the online system, the organization will need the presence of some athletes at the accreditation desk to be able take some pictures and to print the cards





Centre of High Performance

In the layout below you can check the place of all the facilities prepared for the event.



Accommodation

All nations will be accommodated near the venue in Figueira da foz, a beach city only 18km away.

Most of the hotels chosen by the organizing committee are in the ocean coast line with specular views and conditions according to the needs of all nations.

As usual different categories are available for nations.







The Sweet Hotels is devoted to the most demanding customers and it was thinking of them that we created the concept Sweet. We have the best services to offer you, a delicious gastronomy, the perfect breakfast, the nicest host at the recepction, the bars and the meeting rooms, all have a purpose for Sweet surprise.

It has an indoor pool and a sauna. You can enjoy free wireless internet access in public areas. The business facilities at this 4-star property include a business center and a meeting room / conference. This hotel offers 2 restaurants along with a bar / lounge. It is also possible to request concierge services, support for tours / ticketing and business services. This space gives you even a wide range of additional amenities including multilingual assistance, laundry services and dry cleaning / laundry services. This is a non-smoking establishment.



Eurostars Oasis Plaza | Av. do Brasil - Lugar de Ponte Galante, | 3080-323 Figueira da Foz

One of the most futuristic hotels on the Iberian Peninsula is opening its doors: overlooking the Atlantic with 160 luxury suites and studios from port to starboard. If your team prefer to be all together in another hotel, it is possible too. It promises to soon become one of the leading tourist hotels on the Iberian Peninsula. Located at the seaside resort of Figueira da Foz, right on the seafront, the fabulous new Eurostars Oasis Plaza is opening its doors to receive its first guests, prestigious witnesses of this futuristic, luxurious establishment. The hotel has 160 comfortable design rooms with everything you need to enjoy your stay. The hotel also has has a terrace from which you can admire the magnificent views of the Buarcos beach and the Atlantic Ocean. Furthermore, the Oasis Plaza features a large indoor pool, where you can rest after a long day.



Hotel Mercure | Avenida 25 de Abril, 22 | 3080-086 Figueira da Foz

The Mercure Figueira da Foz is a 4 star hotel located in the city centre of Figueira da Foz With magnificent views over its famous beach, this hotel is ideal for sightseeing and enjoying the beaches or the" Serra da Boa Viagem". You can also relax in one of our 102 comfortable rooms, have fun and watch a beautiful sunset at the hotel sun terrace facing the Atlantic. The hotel offers 2 meeting rooms which can hold their most important events. This will be the official hotel for Paracanoeing Athletes and teams. The organization would like to inform all nations that this is the that hotel which has the best conditions to receive Paracanoeing athletes, especially those in a wheelchair. The other hotels also have the minimum conditions for handicap, but Mercure will give you the best conditions.

If your team prefer to be all together in another hotel, it is possible too.

Accommodation





Hotel Quiaios | Aldeamento Turístico Torricentro | 3080-515 – Praia de Quiaios – Figueira da Foz

This hotel is located in the centre of the country, only 12km from Figueira da Foz and $40~\rm km$ from Coimbra and is, undoubtedly, the right choice for holidays and weekends with the family.

You can also enjoy the rest and relaxation needed for the beginning of a new stage of work or the essential concentration for trainings, conferences or business



Hotel SottoMayor | Rua dos Lusíadas | 3080-096 Figueira da Foz

Strategically located in residential areas in a very attractive area of Figueira da Foz city and only 300 meters away from the beach, this hotel is the most complete of the city. A good place to relax or sightseeing, to enjoy the beach and the nature or to work, this Hotel is the right choice. Staying at the Hotel Sottomayor means you are near the sea, mountain, river and city centre, creating a sense of harmony.



Hotel Costa de Prata | Largo Coronel Galhardo, 1 | 3080-150 Figueira da Foz

Located in the city centre and divided in two buildings, it's only 100 metres from the Casino of Figueira and from the 50 meters from the beach. With a total of 152 beds, the hotel has 94 rooms and 1 room adapted for the disabled, all equipped with private bathroom with hairdryer, satellite TV, telephone with direct outside line and Air – Conditioning. In the reception area and Living Room, you are able to browse the Internet with Wireless Net Free or Point. It also has a bar, TV room and a Restaurant for Groups.

Accommodation





Hotel Tamargueira | Av. D. João II, Buarcos, 2293-080 Figueira da Foz

The beachfront HOTEL Tamargueira HOTEL is located across from Buarcos Beach, just 2 km away from the Figueira da Foz city centre. Centrally located, the HOTEL FEATURES an outside bar and terrace with beach views.

The air-conditioned rooms all have a private bathroom, wardrobe and TV. Some rooms also feature a balcony and a view of the seafront. Free WiFi is available in all public areas of the property and some rooms have wired internet access.

The Tamargueira also features an indoor bar and a an à la carte restaurant. The "Esplanada do Mar" terrace bar includes bar and snack bar service, while providing a scenic sea and city view.



Hotel Welligton | Rua Dr. Calado Nº 25, 3080 153 Figueira da Foz

Situated 100 metres from the beach, Hotel Wellington offers modern rooms with wooden floors. THE CASINO of Figueira da Foz is located next to the hotel.

Wellington's rooms and suites are elegantly decorated and include free Wi-Fi, air conditioning and tea-and-coffee-making facilities. The rooms have a private bathroom with a hairdryer.



Hotel abade João | Rua Combatentes da Grande Guerra 15, 3140-266 Montemor-o-Velho. 3140-266 Montemor-o-Velho

Refurbished in 2012, HOTEL Abade João is located in Montemor-o-Velho. It features a meeting room seating up to 30 people, and a dining room. Free WiFi access is included.

Providing views over the plains, each room at Abade João includes a flat-screen cable TV, and air conditioning. The private bathroom comes with a shower and a hairdryer.

This is the only hotel in Montemor-o-Velho and it has very limited capacity and it will be available specially for teams in pre-competition training camps.

Prices

The prices below are per person and per day with full board. Lunch will be at the venue. Breakfast and Dinner are served at the chosen hotel.

Category 1 5 and 4 star Hotel

Double – 91€ Single – 124€ Category 1B 4 and 3 star Hotel

Double - 86€ Single - 120€ Category 2 3 star Hotel

Double – 83€ Single – 116€ Category 3 3 and 2 star Hotel

Double – 78€ Single – 100€



All ICF OFFICIALS will be accommodated in the same hotel and without any charge for the National Federation of his/her country (in a double room basis. Single rooms will have a direct charge to the National federation or officials). The organization will cover the accommodation, airport and local transportation and meals.

Accomodation

Accreditation Fee (participation WITHOUT accommodation and catering)

Accreditation fee of EUR 30/person/day from 12(or your team's arrival after this date) to 17 may 2015 wich includes the following services:

- Accreditation Card:
- Shuttle bus service connecting the venue and the officials hotels from May 12th;
- Security service at the venue;
- Medical Care at the venue;
- Fees for the use of the regatta venue and its facilities;
- Bottled water and coffee;
- Parking or one trailer and one accredited vehicle.

The Organizing Committee cannot be held responsible for the quality and price of individually reserved accommodation.

Participation Fee (participation with accommodation and catering)

Participation fee as well as accreditation fee is to be paid for the length of your team's stay when the services (listed below) are provided. For bookings outside this period please check training camps program at www.canoesprintportugal.com

The Participation Fee includes the services of the Accreditation Fee above plus:

Accommodation

Sunday, May 16th, all teams have dinner at the venue after the races. Three meals per day(Breakfast and dinner at Hotel and Lunch at the venue)

Terms of Payment

30% of the total cost has to be paid before 2nd of February 2015 75% of the total cost has to be paid before 31th of March 2015 100% of the total cost has to be paid before 4th of May 2015

No reservations are made until 30% is paid. The organization may cancel any reservation if no regular payments are made. No Transport from the airport is guarantee or accreditation cards will be given without 100% payment has been done.

Cancelation Terms:

Until 60 days before the arrival – Refund 100% Until 30 days before the arrival – Refund 50% From 29 to 15 days before the arrival – Refund 25% Minus 15 days before the arrival – No Refund

Account Details

All payments has to be done to the following Account Beneficiary: Federação Portuguesa de Canoagem IBAN: PT50 0010 0000 2597 5600 0057 5 SWIFT/BIC- BBPIPTPL

Payment has to be done in Euros and all bank costs must be paid by the remitter
No credit cards payments will be accepted









Accomodation reservation and travel information

All national Federation that want to book accommodation through the organizing committee must sign in at www.canoesprintportugal.com at the menu TEAMS AREA and fill the online forms.

European National federations are able to use the same password used in 2013 European Championships in Canoe Sprint. All other nations or European Federation that did not participate in 2013 European Championships should register and wait for the validation email. Please always use a official NF email during the registration so the organizing committee can recognize you and give you full access. If you lost your password or user or need any help with the reservations please contact us to the email registration@canoesprintportugal.com



Boat Transportation Service

The Organizing Committee in partnership with NELO will provide free boat transportation for all nations and boat brands from Racice, right after the European Championships, to Montemor-o-Velho and from Montemor-o-Velho to Duisburg World Cup II.

Teams interested in this service must fill the online form available in teams Area at www.canoesprintportugal.com before 31/03/2015.

National Teams using this service will have to contact NELO during the stay in Racice and Montemor-o-Velho to know where and how to drop the boats before the departure of the team from the venue in the last day of competition.

Entries and Registration

All team entries must be made online on ISIS system. https://isis.msl.es/icf/main.jsp

The registration system to be used will be responsibility of International Canoe Federation during the whole period.

The entries system will be online and available in following dates:

Preliminary entries – January 2015 to February 2nd Numerical entries – Until March 31th Nominal Entries – Until April 30th



Events and provisional Program

	200m	500m	1000m	5000m
K1	Men/Women	Men/Women	Men/Women	Men/Women
C1	Men/Women	Men	Men	Men
K2	Men/Women	Men/Women	Men/Women	
C2	Men	Men/Women	Men	
K4		Women	Men	
C4			Men	

▶ Provisional Program:

11-14 May

Arrival of teams

14 May

Team Leaders and officials meeting

15-17 May

Competition Days (Schedule of events to be published after ICF approval)



Social Events and packages

The organizing committee is preparing a social package for fans, family and other NF persons that want to visit Portugal and watch the event live. This will included transportation, accommodation and possibility to make social visits to the region, including daily trip to Oporto city, Coimbra and Fatima.

This visits will be an extra fee and available before the start of the event. From Monday to Thursday. NF team members will also be able to book and participate in this social visits.

More information and prices at canoesprintportugal.com very soon.



▶ Boat Rental (NELO)



In partnership with NELO, the organization committee asks all the national Federation requirements for boats rental, to contact NELO directly by email nelo@nelo.eu Other Portuguese boat brands will also be available for rentals:



Feel free to contact them at:

SIPRE: sipre@sapo.pt ELIO: info@eliokayaks.com

Zedtech: zedtech@zedtech-kayaks.com Connect: info@connectkayaks.eu

Bike Rental

The organization prepared a bike rental service for you and your team. The cycle path is identified in the scheme presented in this document. It is on the opposite side of the finish tower and stands.

It is forbidden to use the path on the stands and officials' towers side. This side will be used for TV coverage and other organization issues.



Rental prices to be announced

Immigration and Custom Procedure

All participants are kindly requested to contact the Portuguese Embassy or consulate regarding to visa Requirements. When required the organizing committee will help the participant in matter of issuing the visas.



Press

The organization will provide a press centre for local and international media with all necessary conditions. All press accreditation requests must be done online at www.canoesprintportugal.com until April 30th 2015



Additional Information

Daily news and other important Information about the competition can be found at the official website www.canoesprintportugal.com You can also add our official Facebook page at

http://www.facebook.com/pages/Canoe-Sprint-Portugal/295793590465179



▶ Training Camps

Montemor-o-Velho training Centre is a full kayak sprint training service, offering everything to make your stay a real pleasure or to make your training as efficient and enjoyable as it can be.

It's luxury and has new facilities, it's nice, perfect and also has affordable accommodations. It's excellent and has a modern fleet of kayaks. Its fun sports and its luxurious spa are excellent to enjoy a unique experience. We aim to create, for each individual guest, a home away from home and an enjoying, friendly and personal service. Therefore, if you feel coming earlier before the competition starts to train in our facilities, please go to the official website and send us a quotation request.



Language

The official language of the competition will be English. All the information documents, forms, local identity signs & comments will be in English and in the mother language of the host Committee, Portuguese.

In order to assure the equal access to information to all the delegations, we will provide Volunteers with interpreter services for French & English and Russian languages.



▶ Security System

There will be local policy at both venues to assure that everyone is safe and to guarantee that only authorized athletes can enter go into the athletes area, for example. All the athletes must wear their identity cards must show them at the venue entrance to prove that they are in the race.





▶ Anti-doping control

The Doping control will be provided according to the ICF standards, in partnership with the Nationals entities ADOP. It will be located in specific room at the venue.



▶ Medical support

The medical centre will be divided into two places. One in the athletes' area and other one near the second boat control tent. At the venue there will be two ambulances and paramedics that will follow the race on land and on the water as well.





















Portuguese Canoe Federation

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